Save Energy & Keep Warm this Winter

Winter is a time where we all like to be warm at home—and the good news is that it's possible to use less energy, keep your bills down and still stay comfortable in your home this winter.

In Victoria, households produce 30 percent of our greenhouse gas emissions. To reduce our impact on climate change it is important we all make an effort to cut down on the amount of energy we use at home.

Here are some simple everyday actions you can easily do around the house to reduce the amount of greenhouse gas you produce while still keeping your family warm during the chilly months.

Most of these actions don't cost anything. The ones that do require some investment will soon pay for themselves and start saving you money through lower energy bills.

Quick Fact

Did you know? if you turn your heater's thermostat down just 2°C, you could save up to 17,800 balloons of greenhouse gas and $150 off your heating bill every year. (One balloon represents 50 grams of greenhouse gas)

Don't overheat your house

- Keep your thermostat set to 20°C in winter
- Turn off heaters when not needed (a timer or thermostat can help here)
- Wear warmer clothes or use an extra blanket on your bed.

Help your home hold its heat

- Only heat rooms you use
- Close off rooms that don't need heating
- Seal draughts and gaps around external doors and windows
- Keep curtains and external blinds closed at night and on cloudy days to keep the cold out
- Open curtains to let the winter sun in when it's shining
- Consider installing double glazed windows
- Block off unused fireplaces to prevent heat being sucked out
- Insulate your house.

Use hot water wisely

- Wash clothes in cold water
- Fix dripping hot taps
- Don't rinse dishes under running water
- Invest in a front-loading washing machine
- Install a solar hot water heater
- Limit showers to 4 minutes
- Install a 3 star showerhead.

Not using it? Switch it off at the wall!

- Turn electrical appliances off at the power point
- Only turn on the second fridge when it's needed
- Switch off lights in rooms not being used
- Replace regular light globes with energy saving ones
- Turn your hot water system and heating off when you go away for holidays.

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